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A WARM WELCOME TO OUR

SUMMER 2024

Quarterly Newsletter

Manager's Introduction

Summer has finally arrived, bringing with it a range of exciting events and activities. We are absolutely delighted to update everyone on the recent happenings, as our schedule is constantly filled with enjoyable and meaningful opportunities for our residents to embrace each day and season to the full.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Baiju

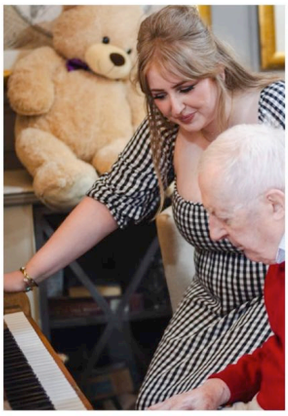
Baiju Punnasserry
General Manager

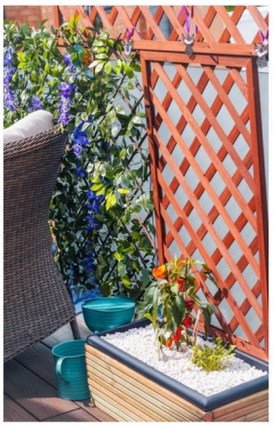
Sensory Garden Opening

Celebration Time

On May 17th, we opened our Sensory Garden on the top floor for all residents and their families to enjoy, including our dementia community. Residents participated in planting, and creating wind chimes and sun catchers, with outstanding support from our Activities Team. Our Maintenance Team did an exceptional job setting up the balcony.

The opening ceremony featured delicious treats from our talented Head Chef and was honoured by the presence of Cllr Philip Lashbrook, who officially opened the garden. This project was made possible by a generous donation from a late resident’s family. The garden serves as a sanctuary for residents, offering colourful flowers and sun catchers, the soothing scents of fresh herbs, the calming sounds of wind chimes and a water fountain.





National Bingo Day

Eyes Down!

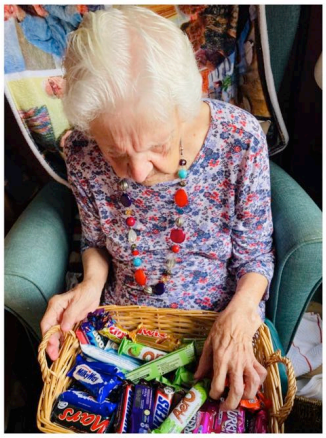
After a two month run up to our National Bingo Tournament on the 27th of June, congratulations to all the winners!

Bingo is often seen as a game for older people, but it offers significant health benefits for seniors. It encourages social engagement, helping combat isolation and boosting mental health. Life Experience Bingo allows seniors to reflect on their past and connect with others, providing valuable brain exercise. Regular play can reduce the risk of depression and cognitive decline, such as Alzheimer's, by stimulating the brain and maintaining cognitive function. Additionally, bingo improves memory and hand-eye coordination, aiding in daily tasks. All are welcome to partake in our weekly bingo tournaments.

Sweet Moments and Sips

Tasty Treats

We have started a new weekly tradition, a sweet treat trolley for our residents. They have been loving their weekly treats, and some have even cheekily taken extra to stash for their grandchildren. We've also opened our top-floor "Drop-Inn" for cocktails and the record of the day. Residents can relax, enjoy a choice of beverage and take in the beautiful garden views.



The Magic of Caring: Thank You to Our Team

Go Team!

We had the pleasure of celebrating both International Nurses Day and Glad to Care Week with our amazing team. To show our appreciation, we gave our nurses personalized gifts, honouring their dedication and hard work.

During Glad to Care Week, we embraced a daily theme, each accompanied by a delightful surprise. Our residents shared heartfelt words of admiration, and we pampered our staff with various treats. Highlights included an ice cream truck, relaxing hand massages, an array of sweet treats, and refreshing mocktails. At the end of the week, we continued the spoiling by presenting each team member with a self-care themed gift.

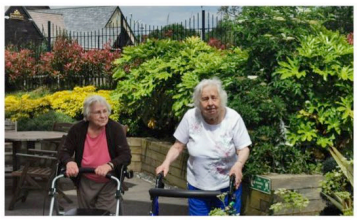
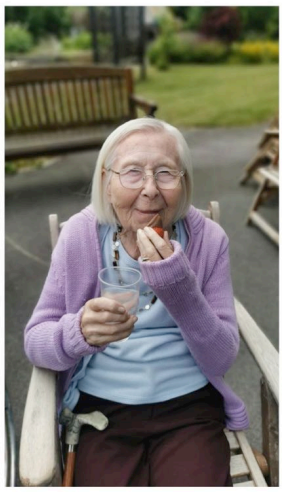
Our nurses and carers dedicate themselves fully to looking after our residents every day. This celebration was our way, along with the residents, to thank them for their dedication, patience, and hard work.

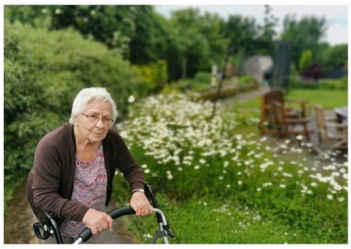
Basking in the Warmth: Celebrating Summer Together

Fresh Air & Sunshine

Our Residents have been loving the amazing weather we have been blessed with lately from having summer garden parties to helping with potting the flowers or just spending time outside soaking up the sun.

Spending time outdoors is crucial for the well-being of all. Exposure to sunlight improves mental health by boosting vitamin D levels, reducing depressive symptoms. Outdoor areas provide freedom and autonomy for residents to relax and explore. They also foster social interaction through communal gardening activities, enhancing community spirit. Gardens contribute to sensory stimulation, particularly beneficial for dementia care, promoting calmness and reminiscence. Engaging in outdoor activities like gardening supports physical health and motor skills, ensuring residents stay active and happy.



Birthday Celebrations

Special Celebrations

Special occasions and life events are always marked, personally and meaningfully tailored for each resident but always with love and friendship.

Some of our lovely residents enjoyed their special day recently. They each received a homemade cake, cards, presents and well wishes from their fellow residents.

Home News & Updates

Congratulations!

Employees of the Past Months

We would also like to remind everyone of our Employee of the Month scheme. We would like anyone to put in a recommendation for a member of staff that you feel has maybe gone that extra mile or someone who you think is deserving of this award.

Congratulations to Muneer in March, Sarah in April and Evie in May for being the Employee of the Month! They were recognised for their hard work and dedication to the home. Thank you for all that you do for the home, residents and staff.

Meet The Team/New Staff Members

Welcome to our Team! Mia, our new Weekend Receptionist, Jenny, our new Carer, Nicholas and Stella, our new Kitchen Assistants. We wish them all every success in their new positions.

Upcoming Dates For The Diary

Coming Up...

- World Ice Cream Day 21st July
- National Bakewell Tart Day 11th August
- National Dog Day 26th August

Keep In Touch

Connect With Us

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Don't Forget To 'Like' Us!

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Your Thoughts Matter

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