

HARRIER GRANGE NEWS



Welcome to January's Newsletter

COVID Update

Thank you to everyone for helping us to continue to keep the home COVID free. We know the latest restrictions have made seeing family difficult over the Christmas period, with only 3 nominated visitors per resident. We hope this isn't for too much longer and we will let you know as soon as this changes. Our staff are now doing an LFT each day before they come to work and a PCR every Monday. This is much greater than the government recommendations but we feel it's an appropriate measure. This has allowed us to pick up any staff contracting the virus as early as possible and minimise the risk of it being brought into the home bubble.



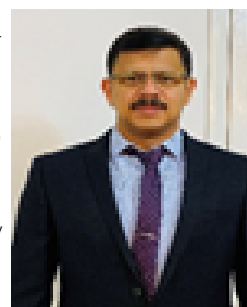
Hello to all and welcome to January's Newsletter. We hope you are all well and have enjoyed the festive period. We have lots planned for the new year with a wide range of activities and entertainers, and hopefully some trips out if COVID allows. Sharon, Amanda and Sarah are going to help make this a far better year than the last two. As always please do let us know if there is anything you would like to do, or that we can do to make you more comfortable please just ask a member of staff

Facebook Page

Many of you will already have seen our Facebook page, but if you haven't had the chance to take a look yet, please do. We post regularly with all sorts of things going on around the home. It's a great way to stay in touch.
www.facebook.com/Harriergrangecare

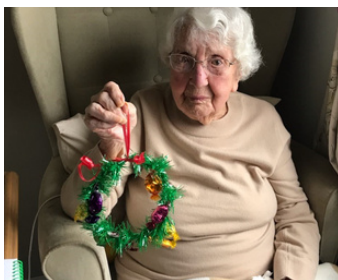
A Word From the Manager

Welcome all and thank you for taking the time to read our Newsletter. I would like to take this opportunity to wish you all a very happy New Year, I hope that 2022 will be a better year for all. I would also like to thank all the staff who worked so hard over the festive period to look after our residents. It is always a challenging time of year for those who are working, balancing their home life and their work life, It is really appreciated. We look forward to 2022 and the prospect of a better year and maybe even the back of COVID-19, fingers crossed.



Volunteers

Are you fun-loving and keen to join in our activities? Now that an end to lockdown is in sight, we are excited to be looking for volunteers to join our team. Volunteer duties could include having one-to-one chats with residents, helping the staff plan and run events and taking part in the day-to-day activities as planned by the Activities Organiser each week. If this is something you might be interested in please get in touch with the home manager.



A very warm welcome

We would like to welcome Doreen and Sylvia to Harrier Grange. We hope they are settling in well and making lots of new friends.

Poem of the Month

A New Start
By Catherine Pulsifer

A New Year is a new start
Never doubt the feelings of your heart.
And we determine how it will be
In our own attitude you see.

We can celebrate the day
but our thoughts show us the way
Do we change or stay the same
Are we looking for fortune or fame.

Think of how you want your life to be
The new year can set you free
A time to rethink what life will bring
A time to see that life can sing.

So as this year does begin
Let your attitude be one that wins
Set your goals, take action too
And then the best will come to you.



Meet the Team

We would like to introduce you all to Sarah. Sarah is very kindly volunteering her time to come and assist our Activities team. Sarah was brought up in the military in Larkhill. She has since travelled the world experiencing all that life could offer her, Scuba diving in Micronesia, Watching Orangutans in Borneo and walking the Camino de Santiago or the Way of Saint James, which is an epic 500 mile pilgrimage from Spain to France. Sarah is really looking forward to meeting you all and spending some time with everyone.



Useful Email Addresses

Baiju Punnesserry manager@harriergrangecare.co.uk
Salim Cheethayil deputy@harriergrangecare.co.uk
Amanda Smith reception@harriergrangecare.co.uk
Joy Giese receptionist@harriergrangecare.co.uk
James Blight chef@harriergrangecare.co.uk
Dove Unit dove@harriergrangecare.co.uk
Heron Unit heron@harriergrangecare.co.uk
Kestrel Unit kestrel@harriergrangecare.co.uk
Sarah Latham headhousekeeper@harriergrangecare.co.uk

Birthdays in January

All at Harrier Grange would like to wish a very Happy Birthday to...

Poppy Dedman
Rita Angus
Myra Sheldrake
Lilian Hayes
Stefano Albiani

Whats on?

We are really looking forward to welcoming Amanda to the Harrier Grange team in January, Amanda will be our new Activities Organiser and will be working along side Sharon and Sarah to deliver a comprehensive activities package for everyone to enjoy.

We have a visit from Dave Dawson planned later in the month along with Global Word Search day on the 16th and Burns night on the 25th of January



PUZZLES AND GAMES

Quiz Questions

1. What is the highest mountain in England?
2. What is the smallest country in the world?
3. Who is the only singer to have ever performed more than one James Bond theme song?
4. Which nuts are used in marzipan?
5. Who was the only British Prime Minister to be assassinated?
6. Which singer has the most UK Number One singles ever?

C D H A E V L X K Y A E B R K **Auld**
P O T E N T I A L H X N E G S **balloons**
A Y V L N Q S X N T A S G I L **beginnings**
T P R S D G A Z R G N T I B H **Ben**
J Y X E N S A A M O Q I N S I **Big**
X K S M R O V P I L T Q N T I **celebrations**
S S I K X A S T M E S O I H D **champagne**
P U Z F G M A A J A O R N G S **extravaganza**
N P G A Q R U A E L H L G I Y **january**
Q P N I B S N S L S R C S N N **kiss**
K Z M E X U W A I I A U L D E **lang**
A X L R A N B D E C P X T I Z **midnight**
D E F R C Q R E T N I W X M R **music**
C I Y I G T N N E P Y U N T Z **potential**
Q L R L O X K B L Y H F J J G **seasons**
syne
winter

8	4			7				
7				6	2			
			5			2		
		8	7				1	2
1	7				8		4	
	6			4	1			
		6				5		9
			9	8				6
			6			7	3	

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1. Scarfell Pike
 2. Vatican City
 3. Shirley Bassey
 4. Almonds
 5. Spencer Perceval
 6. Elvis Presley



HARRIER GRANGE
CARE HOME

RESIDENTIAL | NURSING | RESPITE CARE

HAWKER SIDDELEY WAY, ANDOVER SP11 8BF

T: 01264 252 555

WWW.HARRIERGRANGECARE.CO.UK

A Poem By Margaret Stacey

I Wonder what sort of things he can see
The bird that watches from his perch in the tree
Can he see things that make people sad
Like the thief with his hand in the lady's bag
Or the little dog that barks
There are the lovers who kiss and the man departs
Leaving the lady with a breaking heart
But he doesn't know her heart will mend
When she sees her handsome now friend
Then the bird flies away
Knowing he will come another day
But when he died nearly all the people were gone
He had no idea what was wrong
People that remained had masks on their faces
And walked apart by several paces
He looked around, There were no cars to be seen.
The shops were closed. What did that mean?
Another bird flew down to the ground
"Don't eat anything" he called "There is poison around"
"What is poison?"
"It is some stuff the humans made by mistake
They Didn't know the lives it would take!"